

Troyer Deli Meat	Serving Size (g)	Calories	Fat Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Protein (g)
Bacon Sliced Cajun RW -or- Pepper RW	17	100	80	9	3	0	10	300	0	4
Bacon Sliced Regular Sliced RW	17	100	80	9	3	0	10	300	0	4
Beef Dried	56	60	15	2	1	0	25	1370	2	8
Beef Jerky Mild -or- Hickory	28	70	15	2	1	0	30	510	2	13
Beef Jerky Teriyaki	28	80	20	2	1	0	30	580	2	12
Beef Steak Bites Mild	28	70	15	2	1	0	30	510	2	13
Beef Sticks Mile -or- Hickory -or Jalapeno	28	100	70	7	4	0	35	490	2	8
Beef Sticks Honey	28	100	70	8	4	0	35	360	2	6
Bologna	56	140	100	11	4.5	0	30	610	5	6
Bologna Deluxe	56	140	110	12	4	0	45	680	4	5
Bologna Garlic	56	170	140	15	5	0	30	500	3	6
Bologna German	56	190	130	15	5	0	40	580	7	6
Bologna Rings Trail Tiny	56	110	70	8	3	0	35	450	1	8
Braunschweiger Roll	56	180	140	15	6	0	95	560	3	8
Chicken Breast Buffalo Kettle Fried	56	60	10	1	0	0	30	450	1	12
Chicken Breast Kettle Fried	56	60	10	1	0	0	30	430	1	12
Chicken Breast Oven Browned	56	50	10	1	0	0	25	480	1	11
Corned Beef	56	90	45	5	2	0	30	720	0	9
Dutch Loaf	56	160	120	13	4.5	0	35	400	3	8
Ham & Cheese Loaf	56	120	70	10	4	0	30	680	1	8
Ham Black Forest	56	70	20	2.5	1	0	30	500	3	9
Ham Brown Sugar	56	110	45	5	1.5	0	50	1000	5	10
Ham Cajun	56	60	10	1.5	0	0	30	470	3	9
Ham Cooked Super Trim 10%	56	60	20	2	1	0	30	660	1	9
Ham Honey	56	60	15	2	0.5	0	25	680	4	8
Ham Maple	56	130	80	9	3	0	30	490	4	7
Ham Cooked Off The Bone	85	80	25	2.5	1	0	30	750	2	12
Ham Cooked Off The Bone Honey Cured	56	100	30	2.5	1	0	35	990	2	14
Ham Reduced Sodium	85	90	15	3.5	1.5	0	52	585	1.5	15
Ham Smoked RZ Sliced	85	80	25	2.5	1	0	30	750	2	12
Ham Southern Smoked	84	100	30	3.5	1	0	35	990	2	14
Ham Virginia	56	70	20	2	1	0	35	730	2	9
Head Cheese Round Stock	56	80	20	5	2	0	35	530	0	8
Jalapeno Loaf	56	130	80	9	3.5	0	25	550	7	5

